St Brides Spa Hotel Access Statement

St Brides Spa Hotel welcomes people with disabilities and has produced this access statement to address some of the more common questions that may arise.

This access statement is intended to provide any additional information for all guests that wish to visit the hotel or make use any of its facilities and includes a wide range of disabilities.

St Brides Spa Hotel aims to ensure that all employees, guests and others who use or assist in the provision of our services, regardless of their disability, are treated equally, according to their needs.

For anybody wishing to make a booking or any kind of enquiry we ask that you inform us in advance of any special needs or disabilities that you may have in order for us to ensure your personal requirements are met.

To reach St Brides Spa Hotel

By Car

The M4 motorway is 40 miles from St Brides Spa Hotel, bringing Saundersfoot within easy reach by car from most parts of the UK and Ireland.

Drive along the M4 motorway west to Carmarthen, where you will take the A40 to St Clears. From here, take the A477 towards Tenby. At Kilgetty roundabout, take the A478 to Saundersfoot. Stay on the A478 until Twy Cross Roundabout at New Hedges **(Do not take the left hand turning signposted for Saundersfoot opposite the Fountain Head Inn in the village of Pentlepoir).** At the Twy Cross roundabout, take the first exit left. Continue down St Brides Hill until you see the Hotel on the right.

By Train

Main line trains travel to Swansea with connections to Saundersfoot and Tenby. We recommend that you stay on the train to Tenby as this is a main station as opposed to a platform in Saundersfoot. From Tenby, you can take a 5 minutes taxi ride to the hotel.

By Ferry

Stena operate from Rosslare to Fishguard.
Irish Ferries sail from Rosslare to Pembroke Dock.

By Air

Scheduled worldwide connections are available to Cardiff International Airport, which is 90 miles form the hotel.

N.B. Satellite Navigation users should be aware that St Brides Spa Hotel is in Saundersfoot, South Pembrokeshire and not St Brides Bay in West Pembrokeshire.

The Facilities

The Hotel has one main car park on a level surface. There are three disabled parking spaces situated in front of the main entrance of the hotel on the ground floor.

The Hotel's main entrance is all on one level and accessible by a ramp. There are push pads to automatically open the door.

All ground floor areas of the hotel are accessible to wheelchair users and a disabled toilet is also available.

The lift has buttons lit in both red and green. The buttons have floor numbers written Braille and we have audio announcements on each floor.

We have two accessible bedrooms one with a full wet room and the other with a lower slung bath. Both of the rooms have grab rails adjacent to the toilet. However please note at the moment the beds in both rooms are higher than the average bed.

On each floor we have rooms that have no stairs within the room or approaching the room.

Going from the Hotel reception to the main bar there is one step down or alternatively, to the left, there is ramp for those in a wheelchair or with mobility difficulties.

The Cliff restaurant is on one level. The Lower Gallery Bar is accessible via a motorised chair lift.

For meetings in the hotel, the Boardroom and Cliff Restaurant is on one level near the reception desk and near the disabled toilets. Our Harbour suite in on the lower ground floor and is accessible via a motorised chair lift.

The Marine Spa reception area, three treatment rooms and the pedicure and manicure stations are on one level. The Thermal Suite and Vitality Pool and the dual treatment room area are accessible via a motorised stair lift. Going into the Vitality Pool there are six shallow steps. This area also has a disabled toilet and shower.

Our Commitment to accessibility

It is of utmost importance that we are informed of any requirements you may have in advance so that we can ensure you have the best possible stay and service.

This statement is not exhaustive and may be subject to change. If you require any further information relating to the accessibility of the hotel, please do not hesitate to contact us. Telephone: **01834 812304** or email reservations@stbridesspahotel.com or in person and we will do our best to answer your queries.